

# January Lunch Menu

A Meal is 1 Entrée & 3 Sides or Salad Bar up to 1/2 lb + 2 sides

Additional meal items or single items are charged at the A La Carte price.

Sides available every day:

-Side Salad

-Raw Veggies w/ dip

-Cheese Stick

-Hard Boiled Egg

-Applesauce Cup

-Fresh Fruit -Yogurt

-Canned Fruit

Drinks available everyday:  
**DRINKS ARE A SIDE**

-White Milk

-OJ

-Apple Juice

-Chocolate Milk

-Fruit Punch

Entrée's available every day:

-Italian Sub

-Banana Chocolate Chunk Bar

-Bagel w/Cream Cheese

-PB&J( made with soy butter)

-Egg Salad or Deviled Eggs

-Usually some kind of Specialty

item: wraps, salad sandwiches

Protein packs etc.

Monday	Tuesday	Wednesday	Thursday	Friday
17. Entrée: Martin Luther King Day Sides: NO SCHOOL Day	18. Entrees: Build your own Nachos Sides: Corn Refried Beans Fiesta Pizza	19. Entrées: Coney's Sides: Green Beans Pasta Salad Cheese Pizza	20. Entrees: Chicken & Biscuits Sides: Peas & Carrots Mashed Potatoes Cheese Pizza	21. Entrees: Spaghetti & Meatballs w/ sauce Sides: Italian Salad Eggplant Cheese Pizza
24. Entrée: Hamburger / Cheeseburger Sides: Tater Tots Peas Cheese Pizza	25. Entrees: Chicken Tenders Sides: Cooked Carrots Buttered Noodles Calzone			