

# October Lunch Menu

A Meal is 1 Entrée & 3 Sides or Salad Bar up to 1/2 lb + 2 sides  
 Additional meal items or single items are charged at the A La Carte price.

Sides available every day:

- Side Salad
- Raw Veggies w/ dip
- Cheese Stick
- Hard Boiled Egg
- Applesauce Cup
- Fresh Fruit -Yogurt
- Canned Fruit

Drinks available everyday:

**DRINKS ARE A SIDE**

- White Milk
- OJ
- Apple Juice
- Chocolate Milk
- Fruit Punch

Entrée's available every day:

- Italian Sub
- Banana Chocolate Chunk Bar
- Bagel w/Cream Cheese
- PB&J( made with soy butter)
- Egg Salad or Deviled Eggs
- Usually some kind of Specialty item: wraps, salad sandwiches  
Protein packs etc.

Monday	Tuesday	Wednesday	Thursday	Friday
11. Entrees: Chicken Patty Calzone Sides: Mashed Potatoes & Gravy Green Beans	12. Entrees: Walking Taco Or Cheese Pizza Sides: Corn Refried Beans	13. Entrees: Gyro w/ tzatziki Sauce Cheese Pizza Sides: Zucchini Sticks Greek roasted potatoes	14. Entrees: Cheese Coney Cheese Pizza Sides: Pasta Salad Roasted Cauliflower	15. Entrées: Penne Pasta W/ Alfredo & Chicken Cheese Pizza All with Bread Sticks Sides: Caesar Salad Steamed Broccoli
18. Entrees: Hamburger / Cheeseburger Cheese Pizza Sides: Tater Tots Peas	19. Entrees: Chicken Tenders Calzone Sides: Cooked Carrots Buttered Noodles	20. TBD	21. TBD	22. TBD